



## Resources for Children and Adolescents with Disabilities

### Resources for Teens with Disabilities:

- ❑ [www.sexualhealth.com](http://www.sexualhealth.com)  
A Website by Mitch Tepper, Sexuality Educator. Please check it out to make sure it is appropriate for your son or daughter.

### Resources for Children and Teens with Disabilities:

- ❑ Allen, John D. 2003. Gay, Lesbian, Bisexual, and Transgender People With Developmental Disabilities and Mental Retardation: Stories of the Rainbow Support Group (Hardcover). Routledge.
- ❑ Anderson, Orieda & Luert, Jeniffer. 2000. Doing What Comes Naturally? Dispelling Myths and Fallacies about Sexuality and People with Developmental Disabilities. High Tide Press.
- ❑ Henault, I. 2005. Asperger's Syndrome and Sexuality From Adolescence through Adulthood. <https://www.jkp.com/uk/asperger-s-syndrome-and-sexuality-2.html/>
- ❑ Davies & Dubie. 2011. Intimate Relationships and Sexual Health: A Curriculum for Teaching Adolescents/Adults with High-Functioning Autism Spectrum Disorders and Other Social Challenges
- ❑ The Asperkid's (Secret) Book of Social Rules by Jennifer O'Toole
- ❑ The survival Guide for Kids with Autism Spectrum Disorders (And Their Parents) by Verdick and Reeve

### Brochures:

- ❑ "Sex Education for Parents of Children with Autism Spectrum Disorder"
- ❑ "A Training Manual for Direct Care Staff"
- ❑ "Social Skills & Sex Education – Self Care for the Developmentally Delayed Adult"  
The Steege Corporation 5410 Fredericksburg Road, Suite 111  
San Antonio, Texas 78229  
<http://www.steegepublications.com/pages/publications.html>
- ❑ Champagne, Marklyn & Walker-Hirsch, Leslie. 1993. Circles: Intimacy & Relationship Building. James Stanfield Publications.



- ❑ Couwenhoven, Terri. 2007. *Teaching Children with Down Syndrome about Their Bodies, Boundaries, and Sexuality (Topics in Down Syndrome)*. Woodbine Press.
- ❑ Enright, Rick. 1995. *Caution: Do Not Open Until Puberty! An Introduction to Sexuality for Young Adults with Disabilities*. Devinjer House
- ❑ Fegan, Lydia & Rauch, Anne. 1995. *Sexuality and People with Intellectual Disability*. Paul H. Brookes Publishing.
- ❑ Fenwick, Elizabeth & Walker, Ricard. 1994. *HOW SEX WORKS - Everything you need to know about growing up, starting relationships and becoming sexually active*. RD Press.
- ❑ Henault, Isabelle. 2006. *Asperger's Syndrome And Sexuality: From Adolescence Through Adulthood*. Jessica Kingsley Publishers.
- ❑ Kaufman, Miriam, MD. 1995. *Easy For You To Say: Q & As For Teens Living With Chronic Illness or Disability*. Firefly Books.
- ❑ McKee, Lyn, Kempton, Winifred, & Stiggall-Muccigrosso, Lynne. 1997. *An Easy Guide To Loving Carefully For Men and Women, Third Edition*. Winifred Kempton Associates, 1997
- ❑ McKee, Lynn & Blacklige, Virginia, MD. *An Easy Guide for Caring Parents: Sexuality and Socialization: A Book for Parents of People with Mental Handicaps*. Planned Parenthood Shasta-Diablo.
- ❑ Newport, Jerry, Newport, Mary & Bolick, Teresa. 2002. *Autism - Asperger's and Sexuality: Puberty and Beyond*. Future Horizons.
- ❑ Schwier, Karin & Hinsburger, Dave. 2000. *Sexuality: Your Sons and Daughters with Intellectual Disabilities*. Paul H. Brookes Publishing.
- ❑ Siegel, Peggy, 1991. *Changes in You: A Clearly Illustrated, Simply Worded Explanation of the Changes of Puberty for Boys*. Family Life Education Associates.
- ❑ Siegel, Peggy. 1991. *Changes in You: A Clearly Illustrated, Simply Worded Explanation of the Changes of Puberty for Girls*. Family Life Education Associates.

**Video:**

- ❑ Janet's Got Her Period Center for Social Health 1990, James Stanfield (dated but haven't seen anything newer)
- ❑ Walker-Hirsch, Leslie. 2007. *The facts of Life... and More: Sexuality and Intimacy for People With Intellectual Disabilities (Paperback)*. Paul Brooks Publishing Co.
- ❑ Wrobel, Mary. 2003. *Taking Care of Myself: A Hygiene, Puberty and Personal Curriculum for Young People with Autism (Paperback)*. Future Horizons.
- ❑ Hinsburger, D. 2011. *Hand Made Love*
- ❑ Hinsburger, D. & Haar, S. *Finger Tip*. This is a guide to teach female masturbation

