

Definitions and Pronouns

- **Transgender:** Applies to a person whose gender is different from their "assigned" sex at birth
- **Cisgender:** Applies to someone whose gender matches their "assigned" sex at birth (ie someone who is not transgender)
- **Non-binary:** Applies to a person who does not identify as "male" or "female"
- **Genderqueer:** Similar to "non-binary" - some people regard "queer" as offensive, others embrace it
- **Genderfluid:** Applies to a person whose gender identity changes over time
- **Gay and Lesbian** Someone who is attracted to people of their gender
- **Bisexual** Someone who is attracted to people of their gender or other gender identities
- **Pansexual** Someone who is attracted to people of all gender identities
- **Asexual** Or "ace." Someone who experiences little to no sexual attraction
- **Gender Non Conforming, or G.N.C.** One who expresses gender outside traditional norms associated with masculinity or femininity
- **Gender-Neutral** Someone who prefers not to be described by a specific gender, but prefers "they" as a singular pronoun
- **M.A.A.B./F.A.A.B./U.A.A.B.** Male-assigned at birth/female-assigned at birth/unassigned at birth

- **+** Not just a mathematical symbol anymore, but a denotation of everything on the gender and sexuality spectrum that letters and words can't yet describe.



1	2	3	4	5
e/ey	em	eir	eirs	eirself
he	him	his	his	himself
[name]	[name]	[name]'s	[name]'s	[name]'s self
per	per	pers	pers	perself
she	her	her	hers	herself
sie	sir	hir	hirs	hirsself
they	them	their	theirs	themself
ve	ver	vis	vers	verself
zie	zim	zir	zirs	zirself

Pronouns-- A How To Guide

Subject: 1 laughed at the notion of a gender binary.

Object: They tried to convince 2 that asexuality does not exist.

Possessive: 3 favorite color is unknown.

Possessive Pronoun: The pronoun card is 4.

Reflexive: 1 thinks highly of 5.

The pronoun list on the reverse is not an exhaustive list.
It is good practice to ask which pronouns a person uses.

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